# Agile HR

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# Improve performance in a changing world of work

Natal Dank and Riina Hellström



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To Natal,
For better or for worse...
we made it.
Thank you and you rock!

Riina

To Tim,
I'm nothing without you.

To Riina, Together we're stronger. Yeah, we did it! Big hugs, partner.

Natal

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### PREFACE: AGILE HR AND THE AUTHORS

### Natal

A turning point in my HR career was working as the Global Head of Talent at a large international bank and realizing that the time-consuming and difficult internal process I oversaw appeared to have little perceived value within the business. Over a period of almost six months we would ask managers at every level of the organization to painstakingly put their people into one of 25 talent boxes and then use the data to produce detailed reports for senior executives to review. While this alone might seem unproductive, what made it worse was the data didn't even seem to determine how people were selected for talent programmes or promotions. Indeed, most managers, including the senior executives, were fearful of discussing the information with employees and preferred instead to keep the whole process secret.

I've always believed there is a direct link between business success and inspired employees, and if given the right opportunity everyone has the potential to make a difference. Never a fan of hierarchy or adhering to the command and control ladder, at this point I became convinced that the main role of HR was to build great places to work, where people could be successful in their job and find purpose in their career. To achieve this, I also knew HR needed to move beyond traditional processes and begin to understand the human experience of work.

In search of this vision I decided to step out into the consulting world and, when asked to help a successful start-up evolve their performance and reward structure, I literally stumbled into Agile. With posters on the wall declaring 'No show ponies here' and 'We believe in the power of experimentation', I could sense from the minute I walked in the door this assignment would be different.

The project context reflects where a lot of tech departments are currently, with teams working Agile but still using a traditional approach to HR, for example with performance management based on managerial feedback, individual ratings and bonuses. Of course, I did what most HR consultants do and reviewed the engagement survey data, interviewed key people and looked at the best-practice examples from the industry. I then presented my masterplan to the sponsor and was dumbfounded when they asked: 'How do you know this will work?'

As I muttered stock phrases like 'HR best practice', I quickly realized that in this business, people were expected to validate decisions through experimentation and evidence, rather than through opinion or what was done before. Why should HR be any different?

Luckily, I was in the right environment to begin my Agile learning and people happily volunteered to participate in small, safe experiment teams that tested different ways to discuss and share feedback, use peer-based performance tools and even try different rating scales. After several months of listening and observing, we had the data to start making changes. The first was the removal of quarterly bonuses, based on evidence that performance conversations were heavily focused on money and ratings, rather than career development and feedback.

In the past, just contemplating such an organizational change would have led to a huge project involving months of approvals and committee meetings. Instead, I discovered that by working *with* people rather than *on* people it was possible to achieve cultural and behavioural change that everyone simply got on with, rather than spending months, even years resisting.

It was now clear to me why this company was way ahead of its competitors. Ever since I've been on a mission to equip the HR profession with Agile skills and prepare us for the future of work. My aim is to build awesome places to work where great people want to be, and by doing so enable business success. Through my role as a coach, consultant, and facilitator I've partnered closely with HR teams and business leaders from around the world to help them embrace an Agile mindset and reinvent how they work. This mission has led to some amazing experiences and an opportunity to collaborate with a wide range of different brands and industries.

In 2016 I hosted the first Agile HR Meetup in London with the aim of building a community of like-minded practitioners, which has since grown into a regular event held in cities across the world from Sydney to Paris as well as online. That same year I met Riina while tweeting my passion for Agile HR, and we made the commitment to positively disrupt the profession we love together.

### Riina

During my fifth year as a student in chemical engineering, I began to realize I was no longer enthusiastic about a career in chemistry or pharma and needed to redirect my studies towards something that felt right. I came across studies in learning organizations and systems thinking and immediately

knew this is what I wanted to work with. After graduating, I aspired for a career in HR, ambitious to develop learning organizations and increase adaptability and self-directedness in work life. Though corporate reality and the traditional HR and management hierarchies toned down some of my idealism, they never put out the passion.

I worked a lot with frontline staff and managers, and started to understand their everyday work, their needs and their pain points. Many of the HR solutions we were offering were not appreciated at all. Realizing how broken the HR processes were for the users, I wanted to redesign HR. However, challenging the HR processes and management structures wasn't always that appreciated, and some considered me a bit of a rebel. Luckily, guided by a couple of coaching-oriented leaders early in my career, I could experiment and innovate within my own HR-domain. I designed selforganized, team-based onboarding programmes and started corporate communities and networks – before social media existed. Keen to bring much stronger customer focus and business relevance to HR and wanting to build company cultures where people can bring their full potential to work, I did feel like a misfit in the traditional, bureaucratic and hierarchical organization. Being an organizational innovator without seniority or a mandate was challenging.

That was until 2010 when I read the Scrum Guide. This was a life-changing moment as I realized I had been Agile my whole life. It felt like everything just clicked, a career 'love at first sight' moment. Scrum described the adaptive, organic, self-managed and customer-focused way of living that I had been advocating throughout my career. I predicted that the Agile way of working was going to spread from software development to other domains of work life, too, but did not expect it to take this long! Agile would challenge the dusty corporate structures I had been reimagining for a long time. This was the decisive moment I decided to quit my job and start my own company, offering Agile HR and Agile management consulting and training when there was none of that in the market.

A lot has happened since then. Today I advocate and influence for Agile HR and Agile organization development globally, consult and redesign organization's and HR team's operations. I work as an Agile enterprise coach helping executives, leadership teams and change programmes adopt the Agile mindset and practices, co-create their Agile transformation steps, and deliver value through new forms of organizational and management design. I also work with advanced people analytics development, advocating for evidence-based people leadership.

Meeting Natal, I found my Agile HR soulmate. She shares the same passion of redefining the whole profession of HR, reinventing work and creating an awesome employee experience. We found none of the IT-focused agilists could translate Agile to the HR context, and wanted to bring Agile alive to our peers, so we founded the Agile HR Community.

## Together

This is the handbook we wish we had had when we first started to apply Agile HR within our own work. It brings to life all the learning we've gained from our personal experiences over the last decade, as well as the recommendations and insights from the leaders and teams we've collaborated with across the globe. We can't wait for you to put the handbook into practice and join our mission in transforming the HR profession for the future of work.

### AGILE HR AND THE 2020 PANDEMIC

As we finished writing this book the coronavirus pandemic hit. Covid-19 is the biggest disruption most people have experienced to their working lives and it will most likely alter the business world forever. The crisis itself is still far from over as we write, with many countries remaining in lockdown, international travel at a complete standstill and most business meetings only possible via video conferencing.

The pandemic also serves as a great illustration of why organizations around the world, no matter the industry or size, require business agility to stay alive. Within days whole organizations were forced to shift their entire workforce to remote working just to remain in business. Many were also forced to make significant capacity decisions, such as the need to rapidly deploy people towards areas of the business now experiencing huge increases in demand, such as supermarkets or online retailers making hygiene products like hand sanitizer. Others faced the tough decision of completely shutting down, halting trade and furloughing workers. The fact these decisions were often underpinned by serious health and safety concerns made them even more challenging, with some organizations asking their employees to accept high personal risk just to keep essential services operating or care for vulnerable parts of society.

Covid-19 forced business to work Agile. Suddenly, everyone had to quickly assess their strategic business needs, what was happening for their end customer, not to mention the safety and well-being of their people, and rapidly reprioritize and pivot direction. They were also forced to do this incrementally and to quickly get a temporary plan up and running, knowing they would need to reassess and change the plan within weeks, sometimes days.

This need to pivot meant that organizations already using Agile practices were way ahead of their competitors. We've also been inspired by the many stories of HR teams using Agile to respond to the pandemic to keep their businesses operational and, most importantly, their people safe. Great examples include HR teams using Agile tools and collaboration methods to quickly refocus their work and get employee helplines and leader support mechanisms up and running within a matter of days. Often, this meant a need to embrace the concept of delivering MVP (minimum viable product) to quickly get something functional and valuable out to employees, which could then be incrementally improved once operational.

We also saw that organizations which had already embraced flexible working practices and used digital tools to visualize work and support transparent decisions making were able to simply keep going with everyone logging in from home. One Agile HR team even called every single worker in their organization to ensure people were safe and to assess which employees were most at risk and who required extra support to continue working from home. For this team it was then easy to onboard new employees virtually and welcome these people to the business while maintaining social distancing rules.

What's significant from all of these stories is how the Agile mindset and ways of working meant that these HR teams and organizations could trust each other to simply get on with the job despite the crisis happening around them. This meant it didn't matter if people could no longer physically see each other doing the work, because the Agile practices and tools they were using ensured information was shared, decisions were made transparently and work schedules were easily adjusted. Examples of this in action include agreeing times when people should be available online for video calls versus times in the working day when it is OK not be online, for instance caring for a child or going for a walk. For most, video call bombing by kids or pets has become the norm, as have bad haircuts and a casual dress code. For many of these Agile organizations a crucial activity throughout the crisis was senior leaders holding regular briefings to openly talk about their own stress from lockdown and the changing circumstances, a display of vulnerability that made it OK for others to take time out or ask for help.

The benefits of embracing an Agile mindset illustrated by Covid-19 exemplify how we hope this book will help HR professionals navigate the complexity of what is being labelled our new normal. As organizations reopen their doors under strange new social distance laws and limitations in how we trade and do business, HR teams around the world will need to use the tools and skills outlined in this book to respond. Charlotte Goulding, a leading Agile HR professional from Infinity Works, sums up the new Agile HR future perfectly:

In and among the chaos, it feels like a great time for a person-centred HR approach to show its value, to engage and look after people, and find new and varied ways of working to suit different people and their circumstances.

If HR can successfully take on this challenge, we have the opportunity of emerging on the other side of this pandemic with a new and modern world of work.

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